

**Wilderness Trails follow-up retreat information for parents:**

Dear Parent or Guardian,

We are excited to have your child at one of our follow-up camps this year. Please use this list as a reference for what to send them off to camp with. Please help us keep our camps safe and fun for all campers by taking your child’s cell phone and / or any electronics before they come to camp.

**WHAT TO PACK** (please mark items of value with name and phone number)

* Sleeping bag (no sleeping bags will be provided at camp)
* Pillow
* Towel
* Jacket
* Pants
* Sweatshirt
* T-shirts
* Long sleeved shirt
* Snow clothes (for winter retreats)
* Socks and underwear
* Pajamas
* Hiking boots or tennis shoes
* Toothbrush, toothpaste, and hair brush
* Medication – please print a medication log and follow instructions from there

Please leave the following items at home:

Any and all electronics, nicotine products, aerosol canisters, drugs and alcohol, knives or weapons